


























































Student # \_\_\_\_\_ Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
 Grade/Class \_\_\_\_\_ Home Room Teacher \_\_\_\_\_

## Kindergarten-Jump Rope Skill Development Check Sheet

*3 Attempts Allowed	9-10 Jumps	7-8 Jumps	6 Jumps	0-5 Jumps
<b>Jumps</b> ↓ "V" Trap				
2-handed Side Rope Swing				
1-handed Side Rope Swing				
1-handed Cross-Over Rope Swing				
2-handed Cross-over Rope Swing				
2-handed Cross-Over Swing, then Jump				
2 feet, Double Bounce				
2 feet, Single Bounce				
Right Foot Hop				
Left Foot Hop				
Jogger (in place)				
				
				
				
<b>Total in each column</b>				

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11-9=Exceeds	8-7=Meets	6-5=Needs Improvement	0-4=Below Standard
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Student # \_\_\_\_\_ Peer Assessor \_\_\_\_\_