

1-on-1 Frisbee Shuffleboard

by

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Grade Level: K-12

National Standards:

#1: #2: #3: #4: #5: #6:

Learning Objectives:

- The student will practice throwing a Frisbee.
- The student will utilize all previously taught skills while playing a game.
- The student will practice and utilize various tactics such as, blocking or covering their own shots; throwing their Frisbee past their opponent's; spinning the shot to curve the direction of the Frisbee; play a "Stun shot" by knocking off the opponent's Frisbee.
- The student will practice proper technique for all skills.
- The student will follow all applicable rules while participating in a modified game.
- The student will work cooperatively in a group and maintain proper personal responsibility.
- The student will use proper social support.

Space Needed:

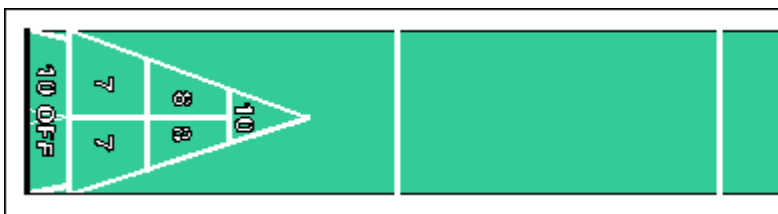
- A large cafeteria, blacktop, or any flat surface is acceptable.

Equipment & Materials Needed:

- One (1) Frisbee per student.
- One (1) shuffleboard per pair of students.

Set-Up:

- Draw a Shuffleboard court on the flat surface with chalk, paint, or tape.
- Pass out a score sheet with writing implement and clipboard to each court.



Description of Learning Activities:

- Break students into pairs.
- Players stand on the same end of the court, behind the throwing line.
- Each Player takes one (1) throw.
- When both of the players have throw, they, together, go onto the court to determine the points earned for each player.
- Players write their score on the scorecard/score sheet.

- *If the Frisbee lands on the line, take the lowest score; or players can decide, prior to the start of the game, that Frisbee must be entirely within scoring sections, clearing all lines to count.*
- *Winner of each game always takes their turn first.*
- *Each game may be played to 50, 75 or 100 points; play 2 out of 3 games.*

Authentic Assessment:

- *Peers observe one another while participating and give an assessment score for social support during the activity.*
- *Teacher observation of students' social support during the activity.*
- *Teacher may utilize a skills check sheet.*
- *Teacher may assess score sheets.*
- *Students take a quiz on the activity or the rules.*