

Frisbee Golf

by
Kelly E. Duell, M.A.

Grade Level: K-12

National Standards:

#1: #2: #5: #6:

Learning Objectives:

- The student will utilize all previously taught skills while participating in this activity.
- The student will practice proper etiquette while playing.
- The student will follow all applicable rules while playing.
- The student will work cooperatively in a group and maintain proper personal responsibility.
- The student will use proper social support.

Space Needed:

- A large grassy area is best; however a cafeteria, blacktop, or any flat surface is acceptable.

Equipment & Materials Needed:

- One (1) Frisbee per pair/team; the two teams playing one another should have different colored Frisbees.
- One (1) clipboard and pencil per group.
- One (1) score card per group.
- Two (2) cones per hole.
- One (1) flag per hole (optional).

Set-Up:

- Place the cones in the location as per the diagram.
- Place the flag in the cone representing the actual hole.
- Pass out a course map to each pair/team.
- Pre-design groups of 4 students to play together.
- Provide each group with a score card.

Description of Learning Activities:

- Each group should consist of 4 students.
- Each pair is playing as a team.
- The students do a "coin toss" (rock, paper, scissors) to determine which team Tee's off first.
- Player 1 team 1 throws 1st; player 1 team 2 then throws.
- Player 2 team 1 throws from where the Frisbee landed from their teammate's throw; player 2 team 2 throws from where the Frisbee landed from their teammate's throw.
- Continue this process until the Frisbee hits the cone.
- The order of Tee-ing off on the next hole is determined by which team had the least number of strokes for the last hole played.
- Scoring:
- Mark the score card with the number of strokes (throws), for each team, for every hole, and then total all strokes at the end of the course.
Throws=Strokes.

Authentic Assessment:

- Peers observe one another during the course of play and give an assessment score of their social support and etiquette of the game.
- Teacher observation of students' social support and etiquette of the game.
- Teacher reviews score cards to determine if they are recording correctly.
- Teacher may use a skills assessment check sheet while the students are playing.