

Dog Bones

by
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Grade Level: K-12

National Standards:

#1: #2: #3: #4: #5: #6:

Learning Objectives:

- The student will use practice overhand throwing pattern.
- The student will practice using proper catching technique.
- The student will work cooperatively in a group and maintain proper personal responsibility.
- The student will use proper social support.

Space Needed:

- A large, flat area is best such as a cafeteria, blacktop, or gym.

Equipment & Materials Needed:

- One (1) jersey per player per team (4 teams).
- One (1) large hula hoop per team.
- One (1) cone per team.
- Two (2) buckets.
- Multiple yarn balls in four (4) colors.
- Four (4) cones to designate the boundaries.
- Chalk, rope, cones for middle dividing line.
- One (1) small bucket with a handle per team (5-gallon ice cream containers work well).

Set-Up:

- Place the cones around the perimeter of the playing area.
- Place cones (or draw line) down the middle of the playing area.
- Place one bucket on each side, in the middle, of the playing area.
- Fill these buckets with the yarn balls.
- Place each of the four (4) large hula hoops in their own corner of the playing area.
- Place one (1) cone inside each of the hula hoops.
- Place a bucket with the handle next to each hula hoop.
- Place the team's jerseys inside the hula hoop.

Description of Learning Activities:

- Each team tries to get their “dog bones” (yarn balls) from the “pet store” (center buckets) to their “dog house” as quickly as possible.
- Each team’s “dog bones” are the same color as their jersey.
- There is one (1) “Ball Hound” per team, who has the bucket with the handle.
- Each team puts on their team jersey.
- The “Hounds” stand around the outside of their “dog house” (hula hoops) at the beginning of the game.
- On the signal, the “Hounds” run to the “pet store” (bucket) in the center and pick-up one (1) “dog bone” (yarn ball) only.
- Once the “Hounds” have a “dog bone” (yarn ball), they cannot move.
- They must use *overhand throwing pattern* to throw the “dog bone” from the “pet store” into their “dog house” (hula hoop). “Hounds” must throw from outside their “dog house”.
- “Hounds” only have five (5) seconds to throw the “dog bone” or it goes back to the “pet store” and they must return to their “dog house” before trying again.
- The “Ball Hound” is the only one who may pick up a “dog bone” which has fallen on the ground (only their team’s color). They place it in their bucket and must return it to the “pet store”.
- “Hounds” may throw “dog bones” to one another, but only one (1) at a time and only if they have taken it from the “pet store”.
- If catching a “dog bone” results in players moving after the catch, they must return the “dog bone” to the “pet store”.

Authentic Assessment:

- Teacher observation of students’ social support and group cooperation working with their partner.
- Students give themselves an assessment regarding how they interacted with their partner.
- Ask the students what strategy they used when throwing their object.
- Instructor may use a skills checklist to determine skill level of each student, for overhand throwing pattern.