

# Quad Throwing

by

*Kelly E. Duell, M.A.*

**Grade Level:** K-12

**National Standards:**

#1: #2: #3: #4: #5: #6:

**Learning Objectives:**

- The student will use practice overhand throwing pattern.
- The student will practice using proper catching technique.
- The student will work cooperatively in a group and maintain proper personal responsibility.
- The student will use proper social support.

**Space Needed:**

- A large, flat area is best such as a cafeteria, blacktop, or gym.

**Equipment & Materials Needed:**

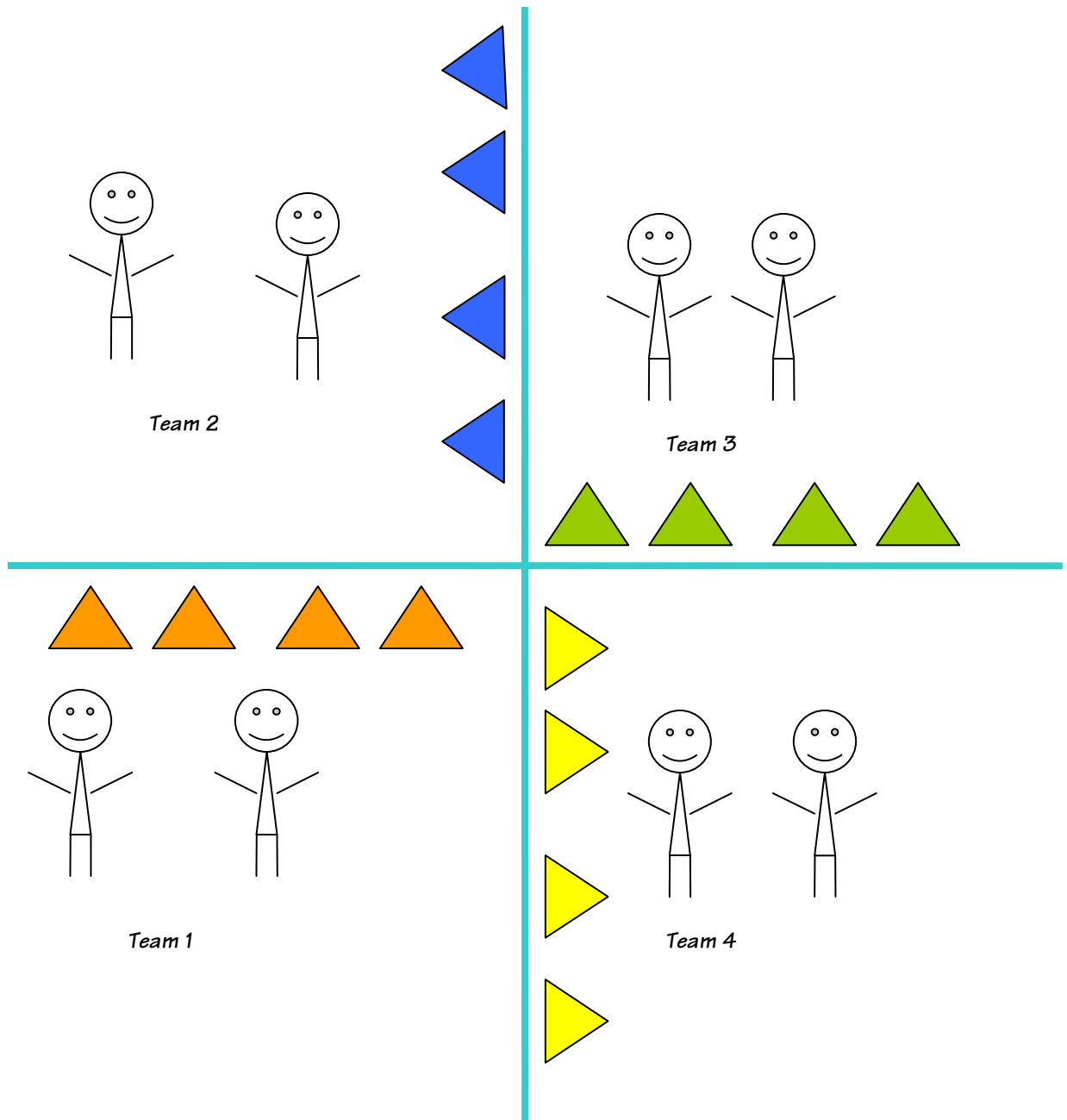
- Six (6) balls/bean bags per player, of the same color.
- Four (4) cones per two (2) players, of the same color.
- Chalk, tape, string, or other means to draw the quadrant.
- Cones to designate the playing area.

**Set-Up:**

- Place the cones around the perimeter of the playing area.
- Draw a Quadrant on the ground, designated as the playing area.
- Place the four (4) cones for that quadrant inside the line of that quadrant.
- Place the six (6) balls/beanbags inside the quadrant.

**Description of Learning Activities:**

- Each quadrant consists of two(2) players.
- The players may only use OHTP to throw the ball at their opponents cones.
- Each partnership has their own color cones; which are in their quadrant.
- Players try to knock down the cones of their opponents.
- Players may not step over the line when throwing.
- Players may not throw their ball/bean bag at another player.
- Continue until all cones are knocked down or time is called.



**Authentic Assessment:**

- Teacher observation of students' social support and group cooperation working with their partner.
- Students give themselves an assessment regarding how they interacted with their partner.
- Instructor may use a skills checklist to determine skill level of each student, for overhand throwing pattern.