

Wet Ball Target Throwing

by

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Grade Level: K-12

National Standards:

#1: #2: #3: #4: #5: #6:

Learning Objectives:

- The student will use practice overhand throwing pattern.
- The student will practice using proper catching technique.
- The student will work cooperatively in a group and maintain proper personal responsibility.
- The student will use proper social support.

Space Needed:

- A large, flat area is best such as a cafeteria, blacktop, or gym.

Equipment & Materials Needed:

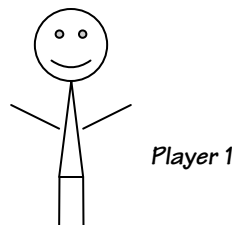
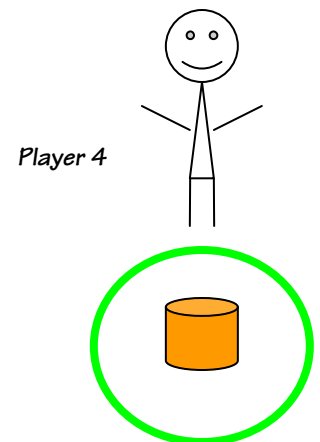
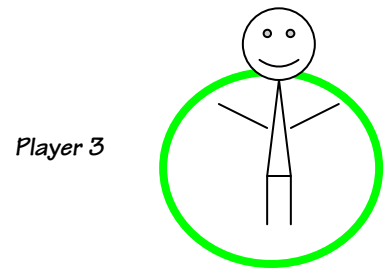
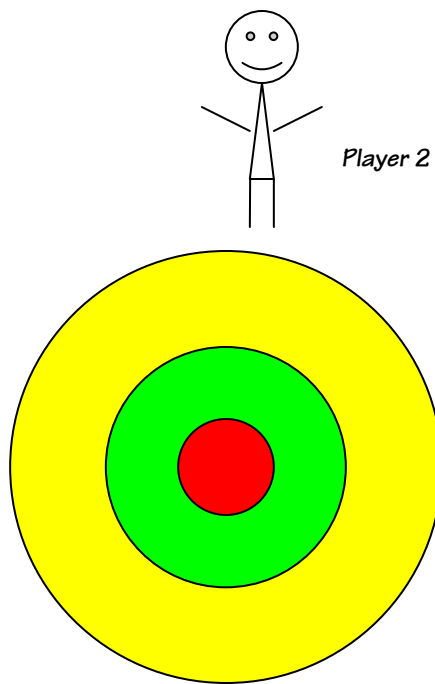
- One (1) large piece of butcher paper per group.
- One (1) bucket of water per group.
- Four (4) hand-sized balls that can get wet per group.
- Two (2) hula hoops per group.
- Tape, string, or other means of holding the target up.
- Cones to designate the playing area.

Set-Up:

- Place the cones around the perimeter of the playing area.
- Hang the target up at the student's shoulder height.
- Place one bucket of water inside one hula hoop, to the right of the thrower.
- Place the 2nd hula hoop approximately 15'-20' feet away from the target.
- Place the four (4) balls inside the bucket of water.

Description of Learning Activities:

- Each group consists of four (4) players.
- Player 1 is the thrower; she uses OHTP to throw the wet ball at the target.
- Player 2 is the retriever; she retrieves the balls that are thrown at the target; then throws them using OHTP, to Player 3.
- Player 3 is the catcher; she catches the balls thrown from Player 2; then uses OHTP to throw to Player 4.
- Player 4 is the Wet Ball Bucket Monitor; she catches the balls from Player 3; places the balls into the water bucket; then uses OHTP to throw them to Player 1.
- Player 1 throws all four (4) balls before rotating.
- Rotation: Player 1 rotates to Player 2; who rotates to Player 3; who rotates to Player 4; who becomes Player 1.
- Repeat the cycle.



Authentic Assessment:

- Teacher observation of students' social support and group cooperation working with their partner.
- Students give themselves an assessment regarding how they interacted with their partner.
- Instructor may use a skills checklist to determine skill level of each student, for overhand throwing pattern.