

## Dribbling Indy 500

**Standard:** 1, 3

**Equipment:** 1 Ball per student, music, Cones, chalk

**Grade:** K-3

**Purpose of Event:** Work on Foot Eye Coordination, Kicking, Control, Cardiovascular fitness

**Description:**

Draw a starting place for each pair.

Partner's balls should be the same color.

Students in partners.

Each partnership has their own starting place on the edge of the track.

When music starts, partner #1 dribbles around the outside of the cones "track" for one full/complete lap.

Partner #2 is practicing "juggling" and 1-foot trapping in the center "pit".

When #1 returns, #2 dribbles around the track; and #1 practicing "juggling" and 1-foot trapping in the center "pit".

Repeat.

Change partners after a few minutes, to keep the game fresh.