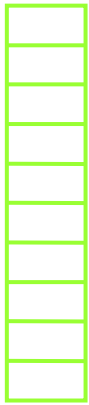
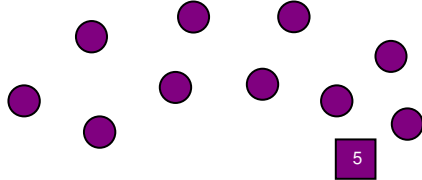


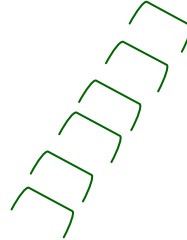
Kicking & Dribbling Obstacle Course



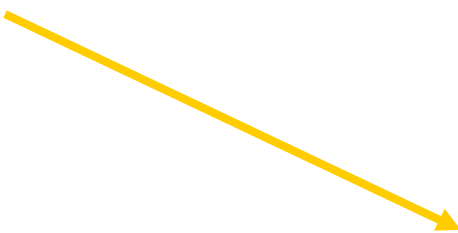
2



4



6



Finish Line



1

KEY	
	Cone Dribble a ball through the cones, remember to use only one foot at a time.
	Hula Hoop Use the shoelace trap to pop the ball over the hula hoop and into the next hula hoop.
	Ladder Hop through the ladder, hold the ball between your feet.
	No Marking Kick the ball as close to Finish Line as you can from #6.
	Hurdle Kick the ball over the mini-hurdle, then jump with two over it with two feet; and trap the ball; then start again.
	Jump Rope Dribble backwards with the ball.

K & S Resources