

Menehune Soccer

by

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Grade Level: K-12

National Standards:

#1: #2: #3: #4: #5: #6:

Learning Objectives:

- The student will practice proper dribbling technique with feet.
- The student will practice proper trapping technique.
- The student will work cooperatively in a group and maintain proper personal responsibility.
- The student will use proper social support.

Space Needed:

- A large, flat, grassy surface is best.

Equipment & Materials Needed:

- One (1) ball (bread fruit) per student.
- Four (4) taggers.
- Cones to designate playing area.

Set-Up:

- Place the cones around the playing area.
- Line all the balls up on one side of the playing area.

Description of Learning Activities:

- The students stand trapping their ball on the edge of the playing area. These are the “bread fruit gathers”.
- Two (2) to four (4) students are the “menehunes”-with taggers.
- The “menehunes” tell the “bread fruit gathers” when to cross the forest-“Bread Fruit Gathers, cross the forest”.
- The “bread fruit gathers” attempt to dribble their ball across to the other side of the forest, without a “menehune” tagging them.
- “Bread fruit gathers” must trap the ball at the end-line or the “menehunes” can still attempt to tag them.
- When a “menehune” tags a “bread fruit gathers”, they switch roles.
- “Menehunes” may not guard the end-line.
- “Bread fruit gathers” only have three (3) seconds to cross the line or the “menehunes” may cross the line to tag them.

Authentic Assessment:

- Teacher observation of students’ dribbling skills during the activity.
- Teacher observation of students’ trapping skills during the activity.
- Students give themselves an assessment score about their social support and cooperative skills during this activity.
- Teacher observation of students’ social support and cooperative skills during this activity.