

Dribbling Give Away
by
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Grade Level: K-12

National Standards:

#1 #2 #3 #4 #5 #6

Learning Objectives:

- The student will practice proper dribbling technique.
- The student will work cooperatively in a group and maintain proper personal responsibility.
- The student will use proper social support.

Space Needed:

- A large grassy area is best; however a cafeteria, blacktop, or any flat surface is acceptable.

Equipment & Materials Needed:

- One hula hoop per pair.
- One hula hoop in the middle of the circle.
- Bean Bags or various hand-sized objects.
- CD player and music.

Set-Up:

- Place one (1) hula hoop in the middle of the room.
- Fill the hula hoop with lots of different objects (i.e. bean bags, plastic rings, etc.)
- Place mats (or other hula hoops) around the 1st hula hoop, like spokes in a bicycle tire, at least 15 feet.

Description of Learning Activities:

- The students need to be in pairs. Have each of the pairs sit in the hula hoop.
- One of the pair needs to go first.
- Play music to signal the students to begin “playing”.
- The 1st partner dribbles to the hula hoop in the middle, picks up a bean bag, and then dribbles back to their hula hoop.
- The 1st partner then places the bean bag in their hula hoop while continuing to dribble; hands-off or passes the ball to their partner, and sits down.
- The 2nd partner dribbles to the hula hoop in the middle, picks up a bean bag, and then dribbles back to their hula hoop.
- The 2nd partner then places the bean bag in their hula hoop while continuing to dribble; hands-off or passes the ball to their partner, and sits down.

- The 1st partner may either dribble to the center hula hoop, pick up a bean bag, dribble to drop it off in someone else’s hula hoop, return to their hula hoop, and sit down OR the 1st partner may take one of the bean bags that was dropped off in their hula hoop, dribble to another hula hoop, drop it off, return to their hula hoop, and sit down.
- Continue doing this process, switching between the two partners, until the music stops or the teacher signals to stop.
- Players may only pick up one (1) bean bag at a time.
- One (1) partner must remain in the hula hoop at all times.
- Have the students count the number of bean bags in their hula hoop.
- The partnership who has the least amount of bean bags in their hula hoop is the “winner”.

Authentic Assessment:

- Students give themselves an assessment score about their social support and cooperative skills during this activity.
- Teacher observation of students’ social support and cooperative skills during this activity.

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