

Hand Ball-Handling Stations
by
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Grade Level: K-12

National Standards: #1 #2 #3 #4 #5 #6

Learning Objectives:

- The student will practice all previously taught ball handling and shooting skills while participating in this activity.
- The student will follow all rules, guidelines, and directions while participating in this activity.
- The student will work cooperatively in a shared space and maintain proper personal responsibility.
- The student will use proper social support.

Space Needed:

- A six (6)-basket basketball court is best; however a cafeteria, blacktop, or any flat surface is acceptable with home-made baskets.

Equipment & Materials Needed:

- Twelve (12) poly spots.
- Two lollipop.
- Ten (10) cones.
- One (1) ball per student.

Set-Up:

- Place the various apparatus in the designated playing area according to the map.
- Pass out a map of the stations to each student.

Description of Learning Activities:

- Have each student start at a different station and once it is complete, move on to the next, without interfering with other students.
- The students perform the skill required for each station:
#1: Dribble Through Cones
#2: Block Shots
#3: Free Throws
#4: Elbow Shots
#5: Ball Handling (Figure 8's; Baby Dribbles around each leg; Drop Ball, Switch, & Catch)
#6: Power Slides & Rebounding
#7: Passing (Chest & Bounce-to a partner)

Authentic Assessment:

- Teacher observation of following the directions.
- Teacher observation of students' ability to read the map and follow it.
- Teacher observation of students' social support and cooperation within a shared space.
- Teacher may design a skills check list and utilize while students are participating in the activity.

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