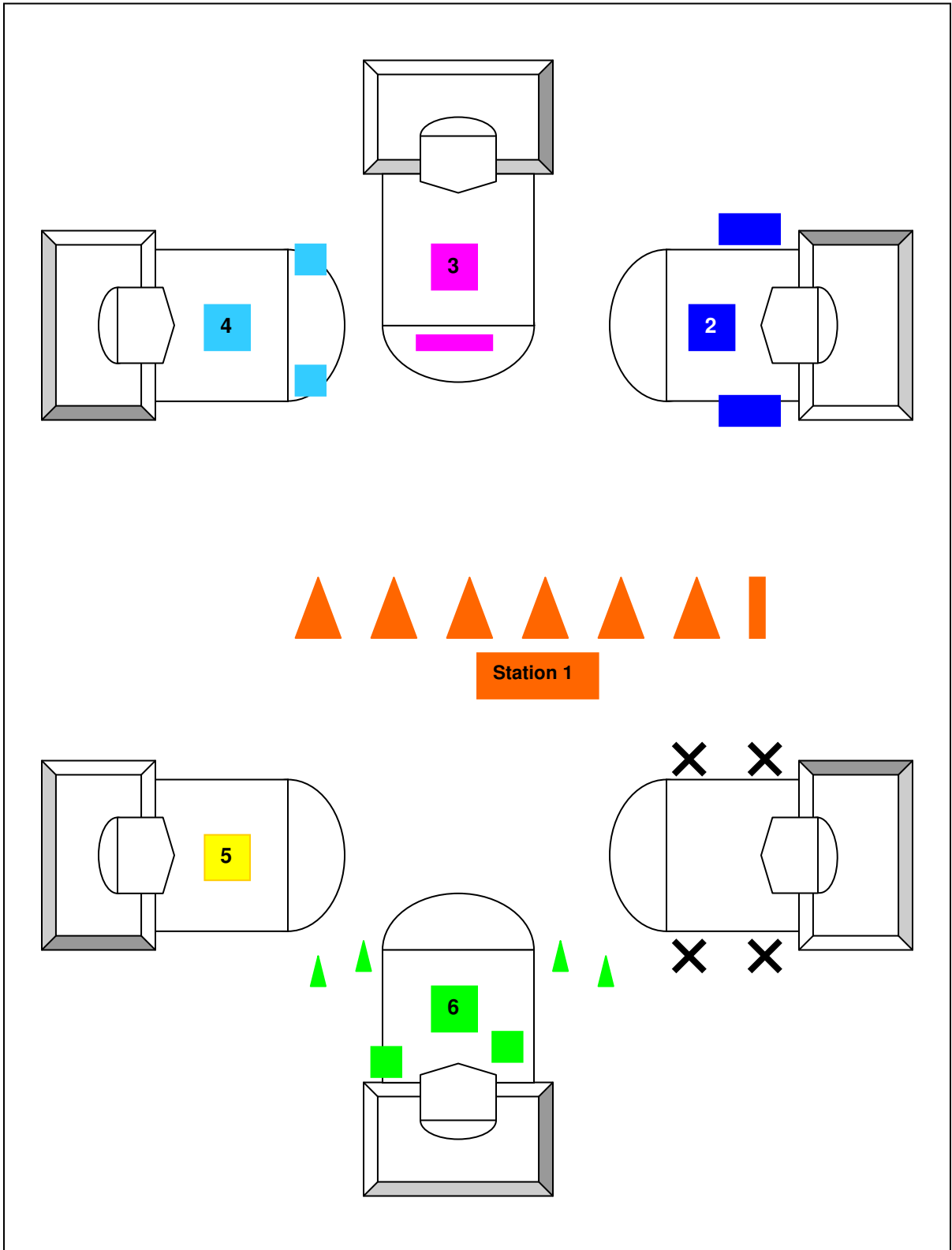


Hand Ball-Handling Stations



#1: Dribble Through Cones

#4: Elbow Shots

#7: Passing
(Chest & Bounce-
to a partner)

#2: Block Shots

#5: Ball Handling
(Figure 8's; Baby Dribbles
around each leg; Drop Ball,
Switch. & Catch)

#3: Free Throws

#6: Power Slides & Rebounding

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