

Partner Passing
by
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Grade Level: K-12

National Standards: #1 #2 #3 #4 #5 #6

Learning Objectives:

- The student will practice the proper technique for a chest pass.
- The student will follow all rules, guidelines, and directions while participating in this activity.
- The student will work cooperatively in a shared space and maintain proper personal responsibility.
- The student will use proper social support.

Space Needed:

- A large basketball court is best; however a cafeteria, blacktop, or any flat surface is acceptable with home-made baskets.

Equipment & Materials Needed:

- One (1) lollipop per pair (hula hoop on stick, standing in a cone).
- One (1) ball per student.
- Chalk or paint (for lines).

Set-Up:

- Place two lines on the ground approximately 15 feet apart.
- Place the lollipop in the middle of the partners.

Description of Learning Activities:

- The students should practice proper technique for the chest pass prior to participating in this activity.
- Chest pass technique: feet shoulder width apart; step into the pass; arms extended straight out in front; thumbs point to the ground; palms out/back of hands almost touch; ball should be caught at chest level.
- Students should practice the movement with no ball several times prior to adding in the ball.
- Teacher verbally cues the students to pass the ball to their partner.
- Upon completion of the pass, the partner catching the ball should give verbal feedback to their partner regarding their technique.
- Repeat this 3-5x per student.
- Pairs should practice passing the ball using the chest pass 5x each, on their own.
- Each student should be standing behind their designated line, opposite their partner.
- Students will use the proper technique for the chest pass to pass it through the lollipop.
- The pass does not count if the student steps over or on the line; uses improper technique; or the pass does not go through the lollipop.
- Count how many times the students can pass the ball through the lollipop as a pair.

Authentic Assessment:

- Teacher observation of students using the proper technique for the chest pass.
- Teacher observation of students' social support and cooperation within a shared space.
- Teacher may design and utilize a skills check-list while students are participating in the activity.

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