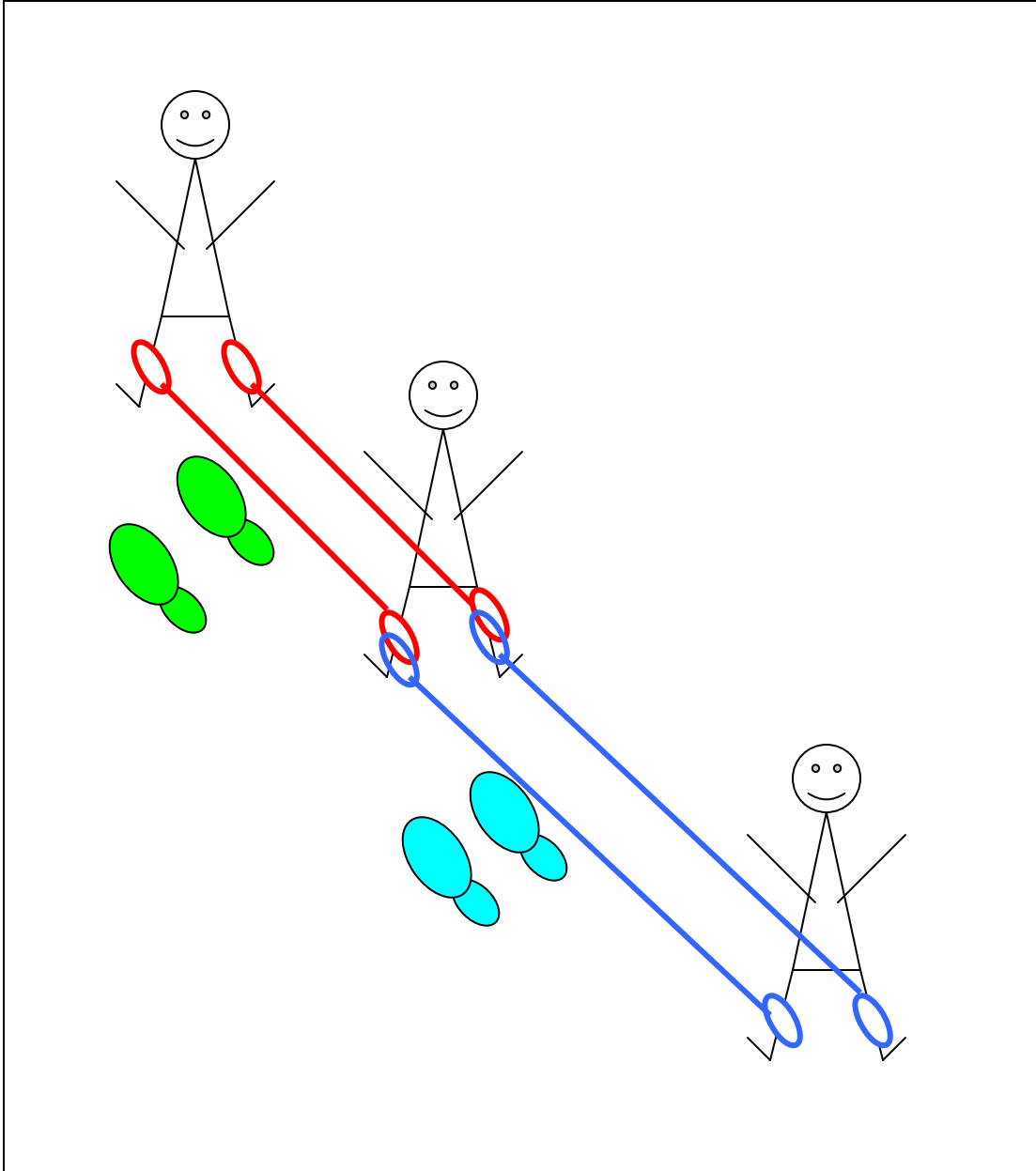


Jump Bands: Triple Threat



Description of Activity:

- Three (3) Enders; one (1) on each end; and one (1) in the middle.
 - The middle Ender has both sets of Jump Bands attached to their ankles; and should be the "leader".
 - One (1) Center in each space (green and blue).
 - Centers should start with "Original" and move on to more challenging "dances" as their skills increase.
 - As skills increase, the group may add additional Centers to each space.
- Enders: Jump "Out-Out-In-In"
- "In-In-Out-Up".