

Rubric for Ball Handling (Chest Pass)

Assessment: 4=Mastery 3=Proficient 2=Developing 1=Needs Improvement

4	3	2	1
<p>1. Feet shoulder width apart, 100% of the time.</p> <p>2. Bends knees, 100% of the time.</p> <p>3. Steps into pass; arms extended out in front; thumbs point to the ground; palms out/back of hands almost touch, 100% of the time.</p> <p>4. Ball is passed with no arch; reaches the other person's chest, 100% of the time.</p>	<p>1. Feet shoulder width apart, the majority of the time.</p> <p>2. Bends knees, most of the time.</p> <p>3. Steps into pass; arms extended out in front; thumbs point to the ground; palms out/back of hands almost touch, the majority of the time.</p> <p>4. Ball is passed with no arch; reaches the other person's chest, the majority of the time.</p>	<p>1. Feet shoulder width apart, occasionally.</p> <p>2. Slight bend in knees.</p> <p>3. Steps into pass; arms extended out in front; thumbs point to the ground; palms out/back of hands almost touch, occasionally.</p> <p>4. Ball is passed with arch; does not reach the other person's chest.</p>	<p>1. Feet are not shoulder width apart.</p> <p>2. No bend in knees.</p> <p>3. Does not step into pass; arms are not extended out in front; thumbs do not point to the ground; palms out/back of hands do not almost touch.</p> <p>4. Ball is passed with arch, and usually not close to the target area.</p>