

Rubric for Ball Handling (Dribbling)

Assessment: 4=Mastery 3=Proficient 2=Developing 1=Needs Improvement

4	3	2	1
<p>1. Feet shoulder width apart, 100% of the time.</p> <p>2. Bends knees, 100% of the time.</p> <p>3. Elbow bent; arm extends from waist level down; does not go higher than waist while dribbling the ball, 100% of the time.</p> <p>4. Uses only the finger tips while dribbling, 100% of the time.</p> <p>5. Has control of the ball while dribbling, 100% of the time.</p> <p>6. Eyes up, looking at the target or horizon, 100% of the time.</p>	<p>1. Feet shoulder width apart, the majority of the time.</p> <p>2. Bends knees, most of the time.</p> <p>3. Elbow bent; arm extends from waist level down; does not go higher than waist while dribbling the ball, the majority of the time.</p> <p>4. Uses only the finger tips while dribbling, the majority of the time.</p> <p>5. Has control of the ball while dribbling, the majority of the time.</p> <p>6. Eyes up, looking at the target or horizon, the majority of the time.</p>	<p>1. Feet shoulder width apart, occasionally.</p> <p>2. Slight bend in knees.</p> <p>3. Elbow has slight bend; arm may or may not extend from waist level down; goes higher than waist while dribbling the ball.</p> <p>4. Does not use only the finger tips while dribbling, uses whole hand.</p> <p>5. Has little to no control of the ball while dribbling.</p> <p>6. Eyes look at the ball and occasionally look up.</p>	<p>1. Feet are not shoulder width apart.</p> <p>2. No bend in knees.</p> <p>3. Elbow is not bent; arm extends from any level up & down; goes higher than waist while dribbling the ball.</p> <p>4. Does not use only the finger tips while dribbling, uses whole hand and often uses two hands.</p> <p>5. Does not have control of the ball while dribbling.</p> <p>6. Eyes look at the ball, rarely, if ever look up.</p>